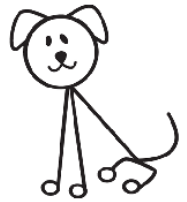


## Week Two : P.R.A.Y. Repent

The second part of prayer is **repent**. **Repent** means to turn away from a sin and ask God to help you STOP doing the sin. God always listens to you even though He already knows about your sins and forgave you when Jesus did on the cross. When you **repent**, you show God that you love Him so much, you don't want any sin to keep your heart away from Him!

1. Ask God to search your heart and then **repent** of any sins that you know you have done this week.
2. Ask God to show you some ways that will help you STOP doing the same sin again.
3. Thank God for his gift of **repentance** and forgiveness!



**I John 1:9** If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

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